

Edward-Elmhurst CME



2020 EEH Journal CME : Obesity Risk Factors with COVID-19 Diagnosis

Date(s): Enduring Material – Available Online: 9/10/2020 – 9/10/2021

Time(s): Online – Available Anytime

Place: Online – Available Anytime

Registration*: Registration **required** for all CME events. Visit www.eehcme.org to register.

** Due to requirements of our CME accreditation, credits are not applied to transcripts for unregistered participants or participants that do not complete the required evaluations.*

Obesity, having a body mass index (BMI) of 30 or above, increases risk of severe illness from COVID-19. Patients of any age at high risk if they have underlying medical conditions, such as obesity. Recent findings show obesity among COVID-19 patients has particularly high risk of death more so than related risk factors such as diabetes or hypertension. It is especially important for people at increased risk of severe illness from COVID-19, and those who live with them, to protect themselves from getting COVID-19. By reviewing the most current research on high risk factors, providers can understand the mortality and co-morbidities of the novel coronavirus. This journal activity is designed to review studies on obesity as an increased risk for severe illness and death from COVID-19.

Program Objectives: At the conclusion of this live activity, participants should be able to:

1. Discuss research on BMI and risk for death among patients with a diagnosis of COVID-19.
2. Identify comorbid conditions in obese patients diagnosed with COVID-19.
3. Outline preventative measures for high risk patients against COVID-19.

Edward-Elmhurst Health designates this live activity for a maximum of **2.0 AMA PRA Category 1 Credit™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Edward-Elmhurst Health is accredited by the Illinois State Medical Society to provide continuing medical education for physicians.

As a reminder: Edward-Elmhurst Health is accredited to provide AMA PRA Category 1 Credit™ and tracks only Category 1 credit provided to physicians credentialed within the system. Only physicians are eligible to be awarded AMA PRA Category 1 Credit™. The AMA defines physicians as those individuals who have obtained an MD, DO or equivalent medical degree from another country. No other healthcare providers may be awarded AMA PRA Category 1 Credit™. However, accredited CME providers, such as Edward-Elmhurst Health, may issue documentation of participation to non-physicians that states the activity was certified for AMA PRA Category 1 Credit™. It is the responsibility of the non-physician provider to obtain his/her certificate and track those hours.